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Mouthwash Instructions

- 1. It is very important that there is a signed Informed Consent for each participant. The parents should sign for children younger than 16. In the box in the upperright hand corner of the first page, please fill in the participants name and date of birth. On the second page, please check the area that allows for the collection of cheek cells, and in the section below choose one of the options. Then sign and date the last page in the appropriate space. If you any questions about the study, please contact us for clarification. Please note that we cannot use your sample unless these consent forms are completed first.
- 2. Enclosed you will find empty 50 ml sterile plastic tubes, a bottle of Scope Mouthwash, and consent forms.
- 3. Pour the mouthwash into the plastic tube up to the 10 ml line
- 4. Vigorously swish all 10 ml of the mouthwash for 1 minute and spit the mouthwash back into the tube.
- 5. Securely cap the tube and write your name, date of birth, and relation to the patient on the tube.
- 6. Place the tubes back into the specimen bag. It may be helpful to wrap the tubes in some paper towel as well.
- 7. Please mail the tube back to us at the address above by regular mail at room temperature.